

Department of Neurology

- 1st semester
 - 15 lectures
 - 5x2 hours practices
- + 1 week block practice
- 11-14. weeks
- 2nd semester
 - 10 lectures
 - 5x2 hours practices

Suggested readings:

Lectures

Selected topics of Neurology

Neurology and Neurosurgery Illustrated

Homepage: different !!!

<http://www.neurology.dote.hu/>

Participation on the lectures is strongly recommended!!!

Competition questions are based on the lectures!!!

Exam at the end of the 1st and 2nd semesters of the 5th year: test exam (grade is offered for the best students by the result of the competition)

Exam at the 6th year **FOR EVERYBODY:**

- Minimum questions (computer)
- Practical exam
- Oral exam

Main neurological diseases

- Stroke
- Epilepsy
- Headaches, pain syndromes
- Vertigo
- Tumors of the nervous system
- Extraparamidal diseases (e.g.: Parkinson's disease)
- Demyelinating diseases (MS)
- Dementias (e.g. Alzheimer's disease)
- Diseases of the peripheral nerves
- Neuromuscular diseases (e.g. Myasthenia gravis)
- Infectious diseases (meningitis, encephalitis)
- Head traumas
- Disorders of spinal cord, roots... (e.g.: disc hernia)

Neurological examination

- History
- Inspection (see, smell, hear), palpation, auscultation
- Examination of
 - meningeal signs
 - cranial nerves (I-XII)
 - motor system (muscle bulk, tone, power)
 - sensory system
 - reflexes (pathological and physiological reflexes)
 - co-ordination, cerebellum
 - speech
 - conscious state
 - + short psychiatric examination

INTRODUCTION

Nervous system

- Central nervous system
 - brain
 - spinal cord
- Peripheral nervous system
 - lower motor neuron – anterior radix – peripheral nerve – NMJ – muscle

 - sensory receptors – peripheral nerve – posterior radix – sensory ganglion

Neurological examination

- Aim:
 - to localize the lesion
 - central or peripheral
 - brain or spinal cord, if central
 - motor or sensory neuron, radix, plexus, nerve, NMJ, or muscle, if peripheral
 - to determine if one lesion may cause the symptoms
 - to determine the damaged system (motor, sensory, vegetative or mixed)
 - to find the etiology

After localizing the lesion,
different investigations may confirm
our suspicion regarding the location
and etiology...

Investigations in neurological practice

- CT, MRI
- CTA, MRA, DSA
- CSF sampling, CSF analysis
- ENG, EMG, repetitive stimulation
- EEG
- Evoked potentials
- Duplex ultrasound and transcranial Doppler



1919-2004

Nobel prize in 1979

Sir Godfrey N. Hounsfield

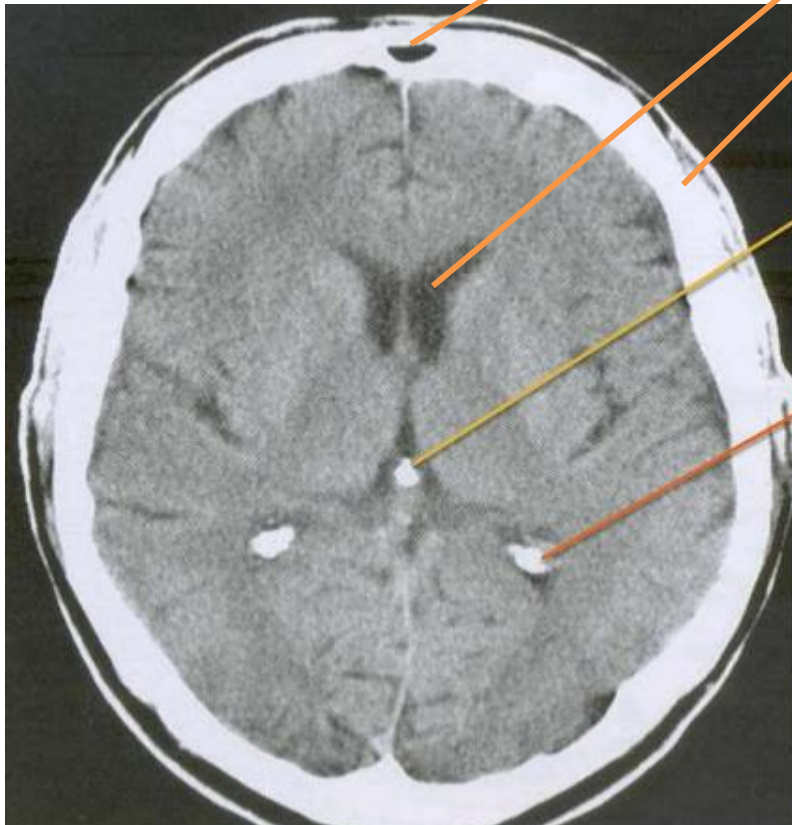


Substance	HU
Air	-1000
Lung	-500
Fat	-100 to -50
Water	0
CSF	15
Kidney	30
Blood	+30 to +45
Muscle	+10 to +40
Grey matter	+37 to +45
White matter	+20 to +30
Liver	+40 to +60
Soft Tissue, Contrast	+100 to +300
Bone	+700 (cancellous bone) to +3000 (dense bone)

CT (native or post-contrast)

Lesion can be hypodense, isodense, or hyperdense

hypodens: air, water, CSF, fat



Bone

Calcified pineal gland

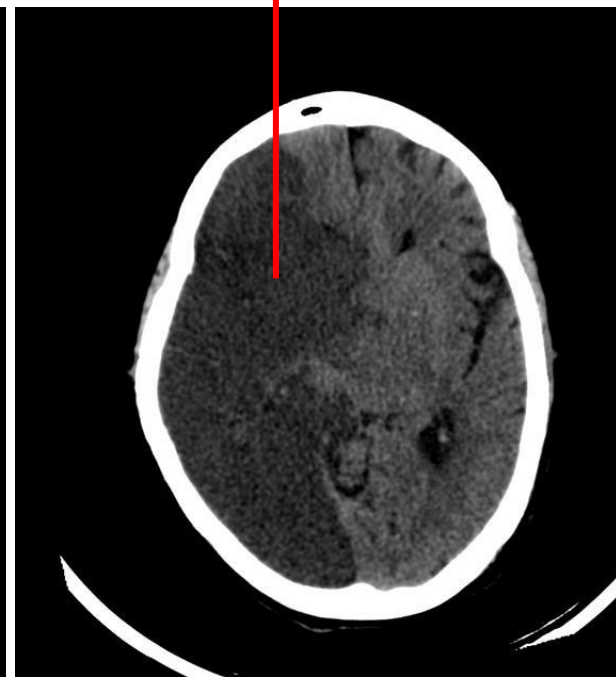
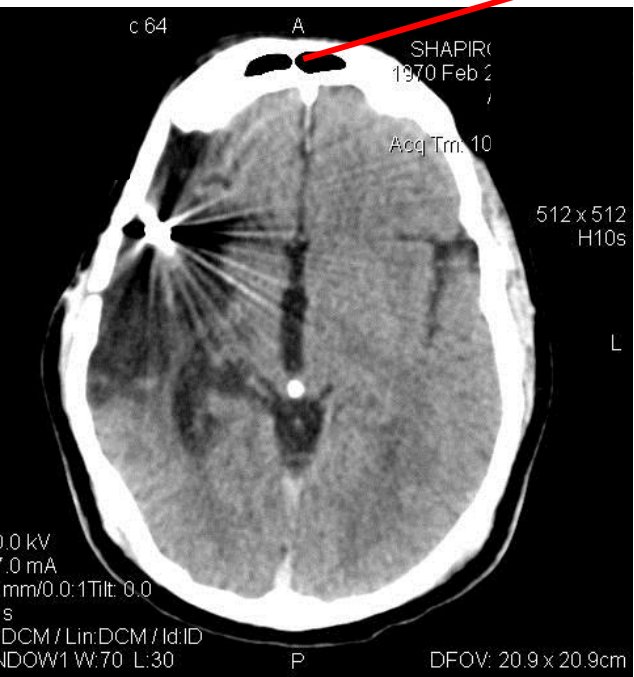
Calcified choroid plexus

+blood, metal
contrast material

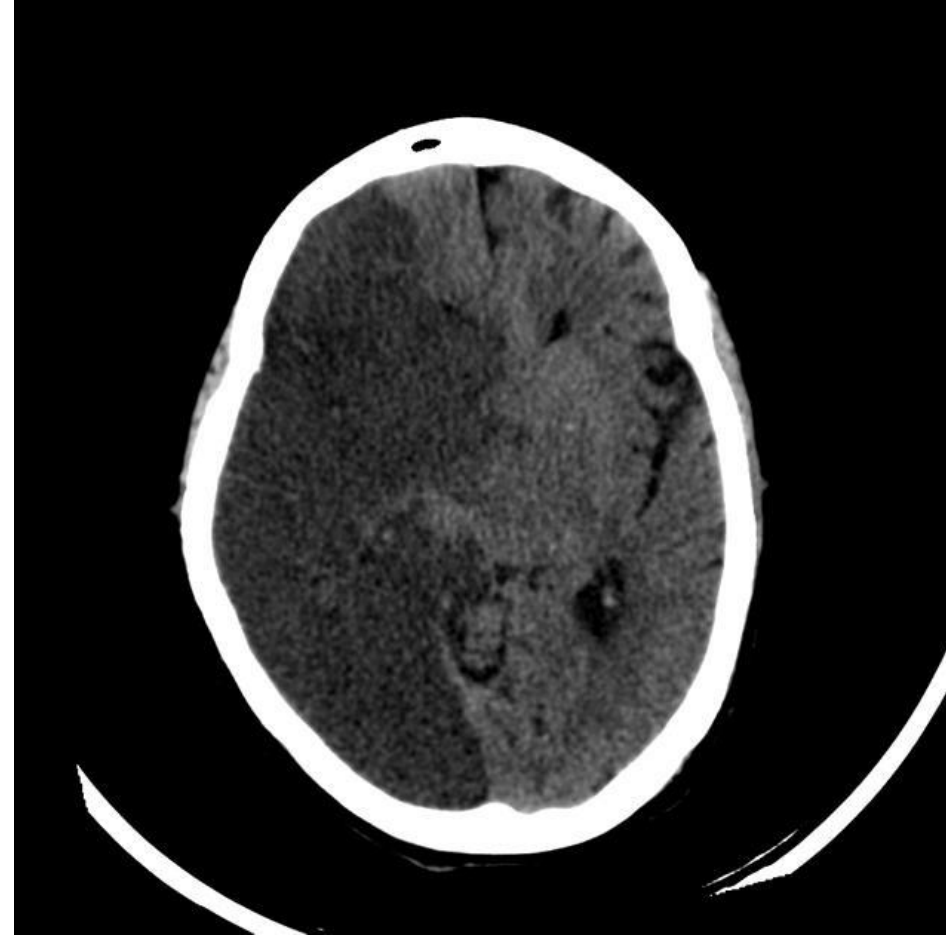
hyperdens

Hypodensities on CT

Air
CSF
Ischemic lesion



Importance of CT in stroke



Similar symptoms of hemorrhagic and ischemic strokes!!!

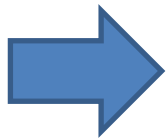
The 2 main types of stroke cannot be differentiated only by symptoms!

CT in stroke

- There is no visible hypodensity in the hyperacute phase of ischemic stroke



- In cerebral hemorrhage, the hyperdensity can be seen immediately



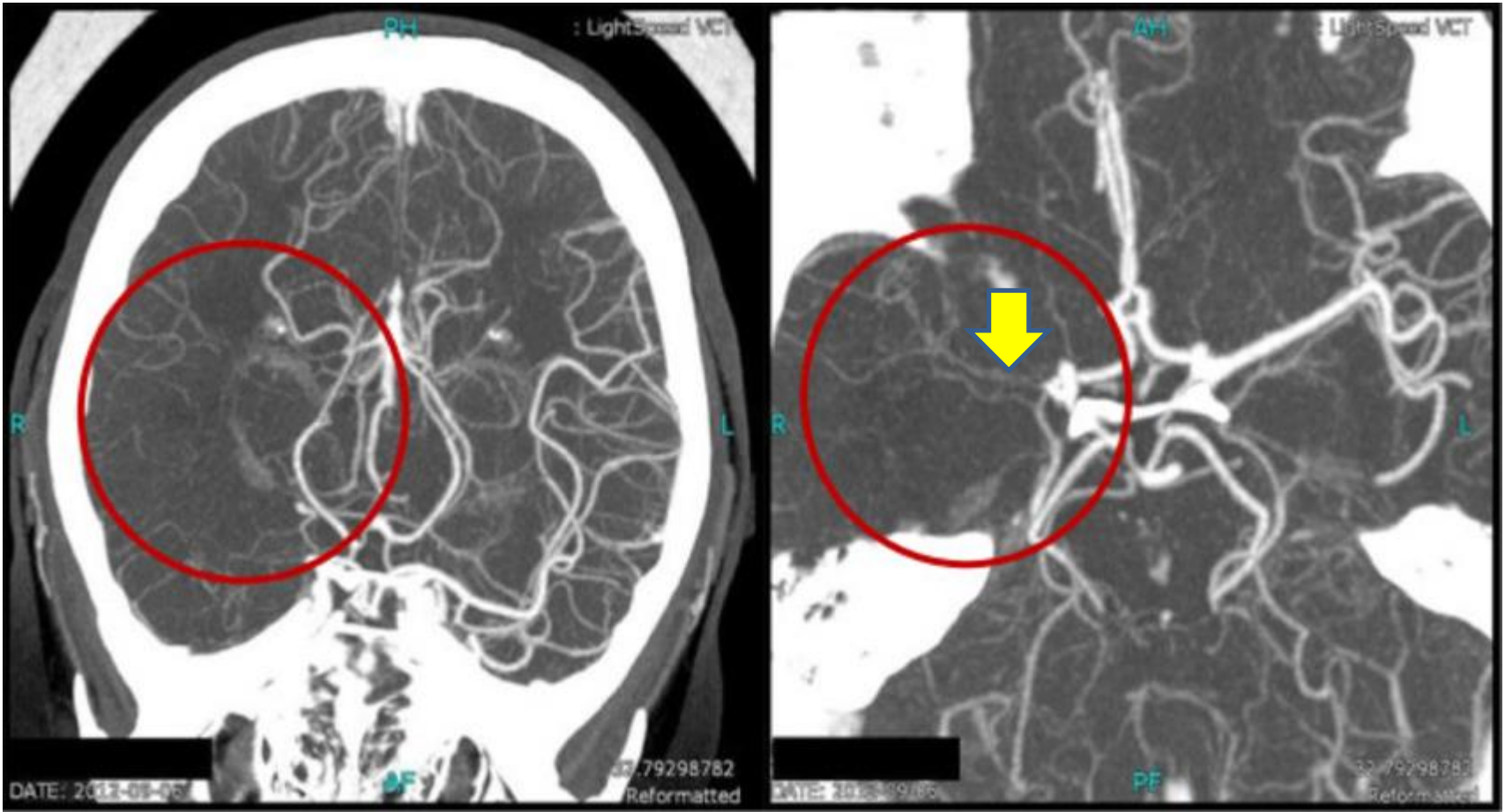
In hyperacute stroke, the CT is suitable to exclude cerebral hemorrhage!!!

Consequence
of MCAO

Ischemic stroke
Infarction
Emollition
Ischemic stroke

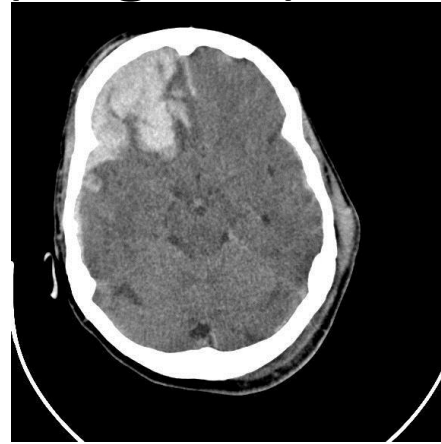


CT-angiography (contrast material in the vessels)



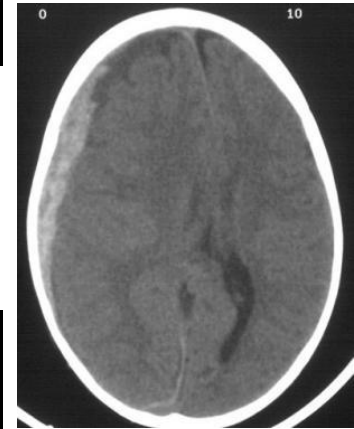
Consequences of head traumas

- Cerebral concussion (neg. CT)



- Cerebral contusion

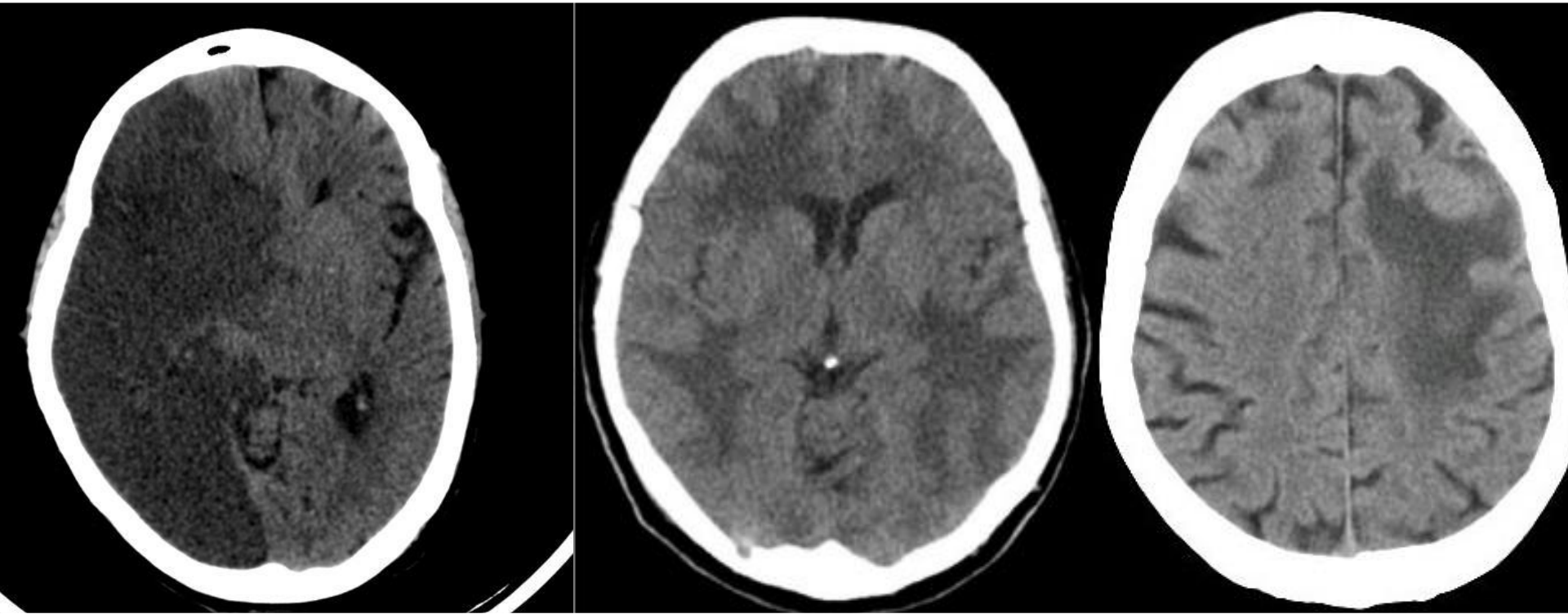
- Subdural hematoma



- Epidural hematoma



Oedema on CT



CYTOTOXIC OEDEMA

Cell swelling

Intracellular edema

Grey-white matter margin lost

Treatment: osmotic dehydration
(Mannitol)



VASOGENIC OEDEMA

Increased permeability of capillaries

Extracellular edema

Grey matter is preserved → **finger-like oedema**

Treatment: stabilisation of capillary permeability
(steroid – dexamethason)

Contraindications of CT

- Pregnancy
- Hypersensitivity to iodine (contrast agent) → native CT can be performed

Relative contraindication

- Young age/radiation exposure
- Renal insufficiency

Radiation hazard

Type of Exposure	Effective Dose (mSv)	Equivalent to Days of Background Radiation
Airplane Flight	.01-.03	1-4 days
Chest X-Ray	.1	10 days
Mammogram	.7	3 months
CT Scan: Head	2 20x	8 months
CT Scan: Chest	8 80x	2 years
CT Scan: Pelvis	10-20 100-200x	3-6 years
MiniCat CT Scan: Head	.17	20 days



Number of chest x ray for equivalent effective dose

CT-MR examinations

CT

- Ionizing radiation
- Not suggested in pregnancy
- Worse resolution
- Not suitable for examination of spinal cord and MS

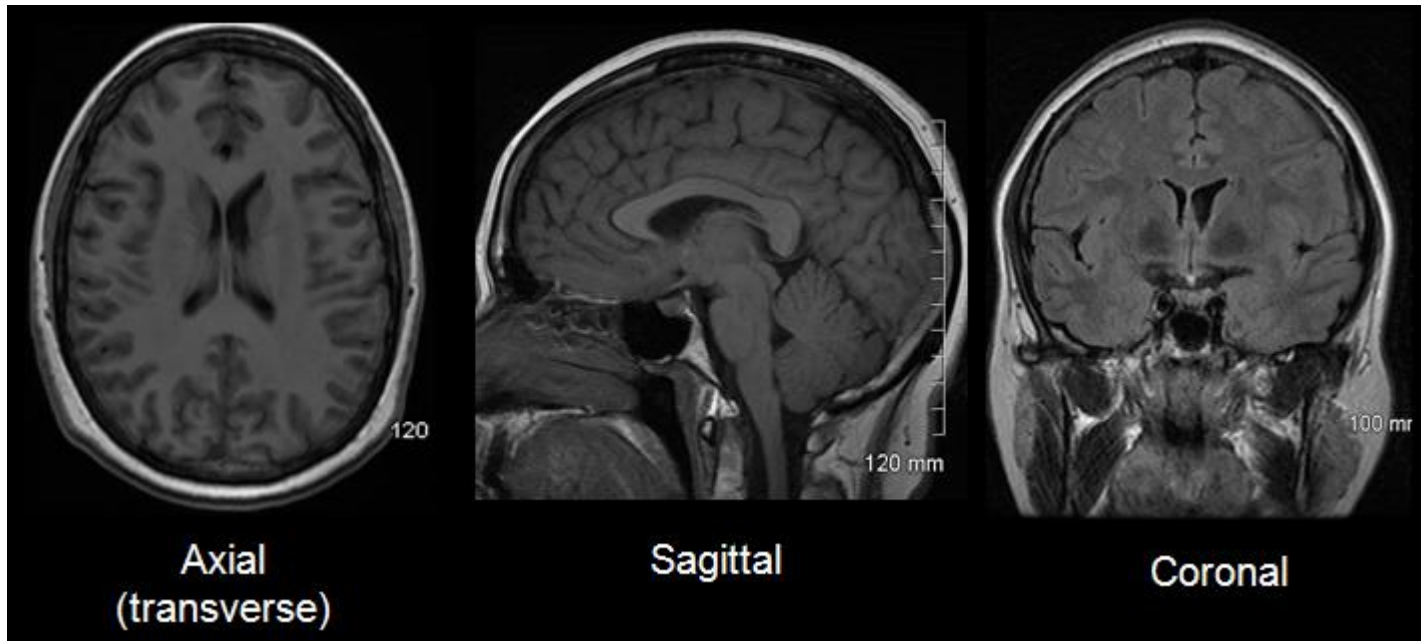
- Simple
- Lasts for seconds/minutes (good for confused pts too)
- No claustrophobia
- Better for hemorrhagic stroke
- Better for bones
- Metals do not limit the CT

MR

- No ionizing radiation
- Not suggested in pregnancy, but if necessary, can be performed
- Better resolution
- Good for examination of spinal cord, and MS!!!

- Complicated
- Lasts for more than 10 minutes (not suitable for confused pts)
- Claustrophobia may limit the MR
- Worse for hemorrhagic stroke
- Metals limit the MR (pacemaker,...)
MR compatible life support equipment is necessary

MRI planes



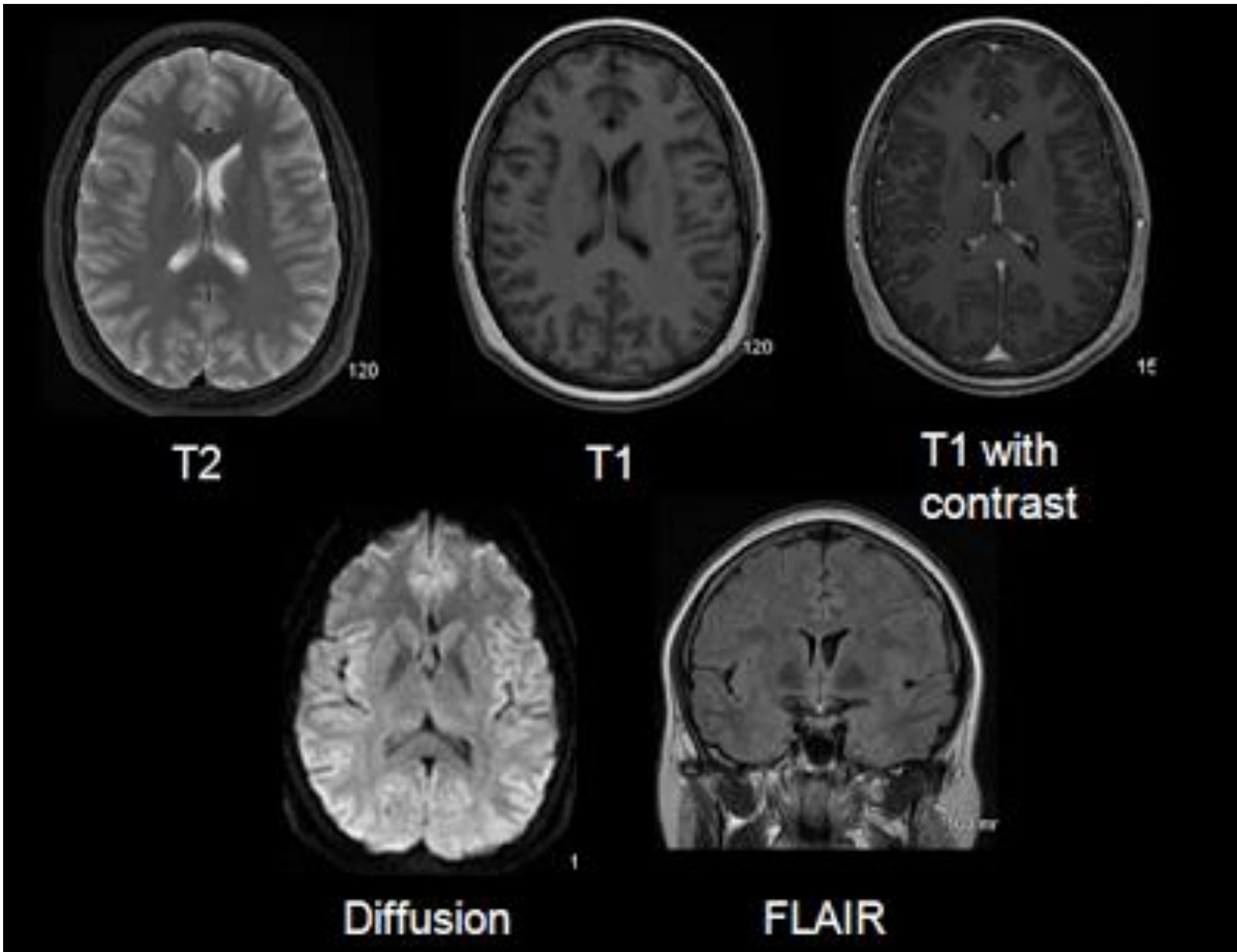
The tissue and imaging characteristics are a lot more complicated in MR images than in case of CT. There are several sequences. Each sequence has to be acquired separately, which means that an MRI will take a lot longer to perform than a CT.

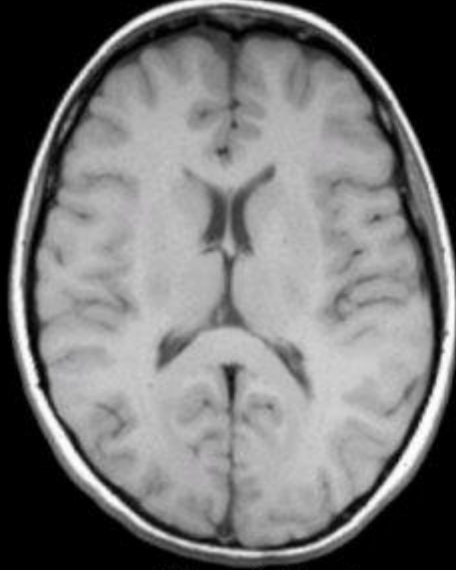
MRI sequences



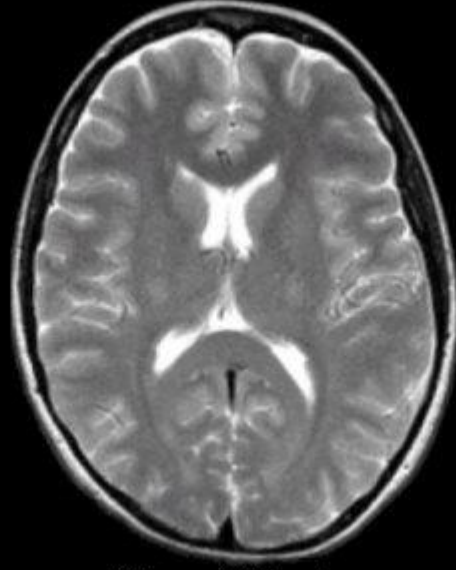
MRI sequence	Property	Characteristic/practical
<u>T1w</u>	fat high, water low	evaluation of <u>normal anatomy</u>
<u>T2w</u>	water high, fat low	evaluation of <u>pathology</u>
<u>Proton Density (PD)</u>	number of protons per volume	evaluation of menisci & gray/white matter
<u>STIR</u>	selective suppression of fat signal	suppression of intra-abdominal fat, evaluation of bone marrow edema
<u>FLAIR</u>	T2 weighted image with selective suppression of CSF signal	<u>detection of white matter abnormalities</u>
<u>Gadolinium (Gd)</u>	reduced T1 relaxation time	detect & characterize lesions, MR angiography
<u>DWI & ADC</u>	motion of protons	restriction <u>in acute ischemia</u> , abscess/infection, cell-rich tissue
<u>In-Out-phase</u>	detection of microscopic fat	characterize adrenal lesion
<u>Gradient echo (GE)</u>	*FLASH (Siemens), FISP (Siemens), THRIVE (Philips), FFE (Philips), FE (Toshiba), FIESTA (GE healthcare)	fast sequence! detect <u>blood products</u>
<u>Spin echo (SE)</u>	*Turbo SE (Siemens/Philips), HASTE (Siemens), FAST SE (Toshiba / GE healthcare)	fewer susceptibility artifacts

MRI: not density, but intensity!
E.g. CSF is hyperintense on T2WI

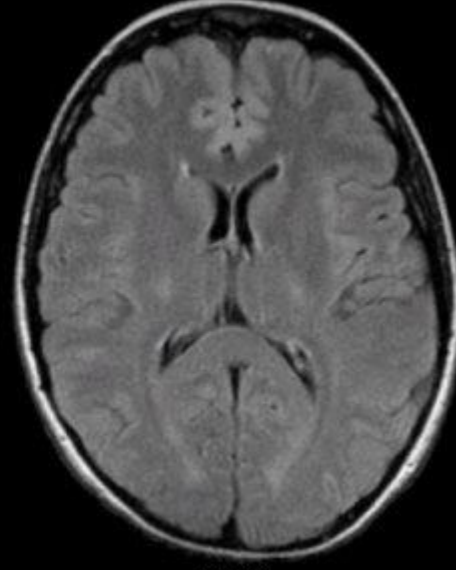




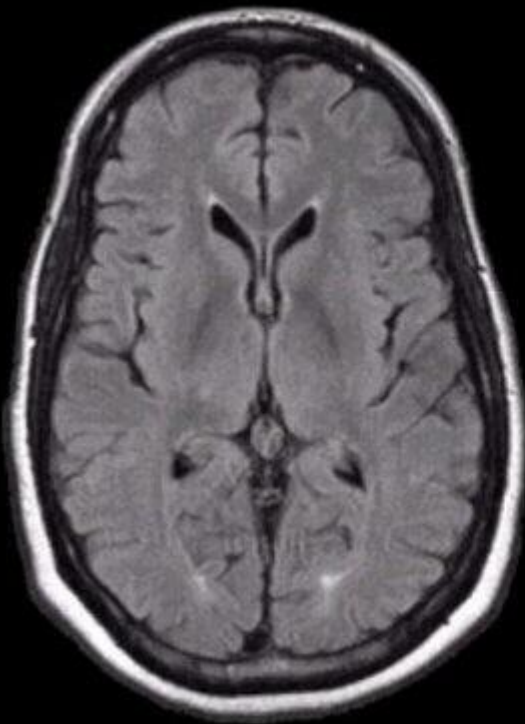
T1-weighted



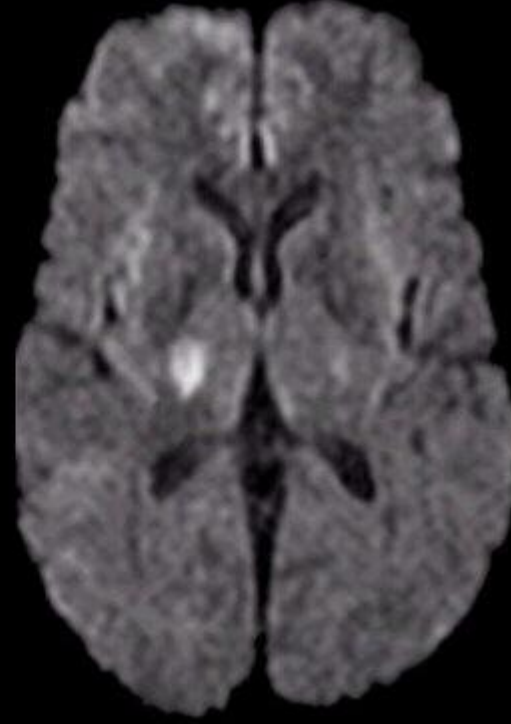
T2-weighted



Flair

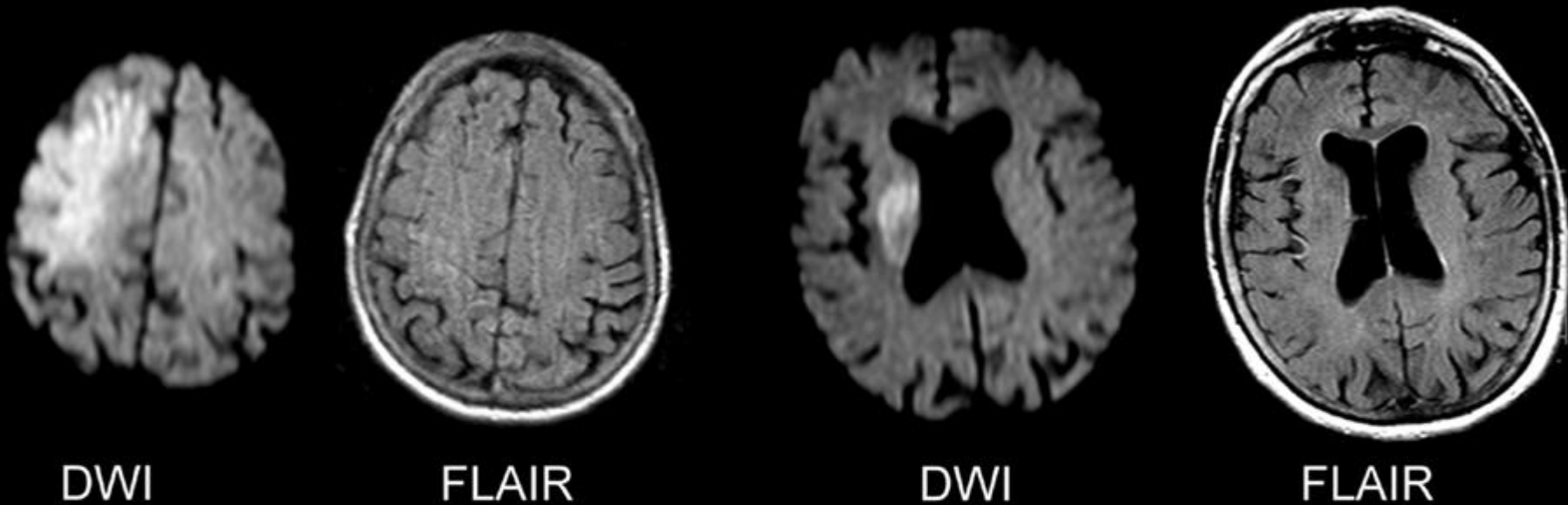


Flair



Diffusion-weighted

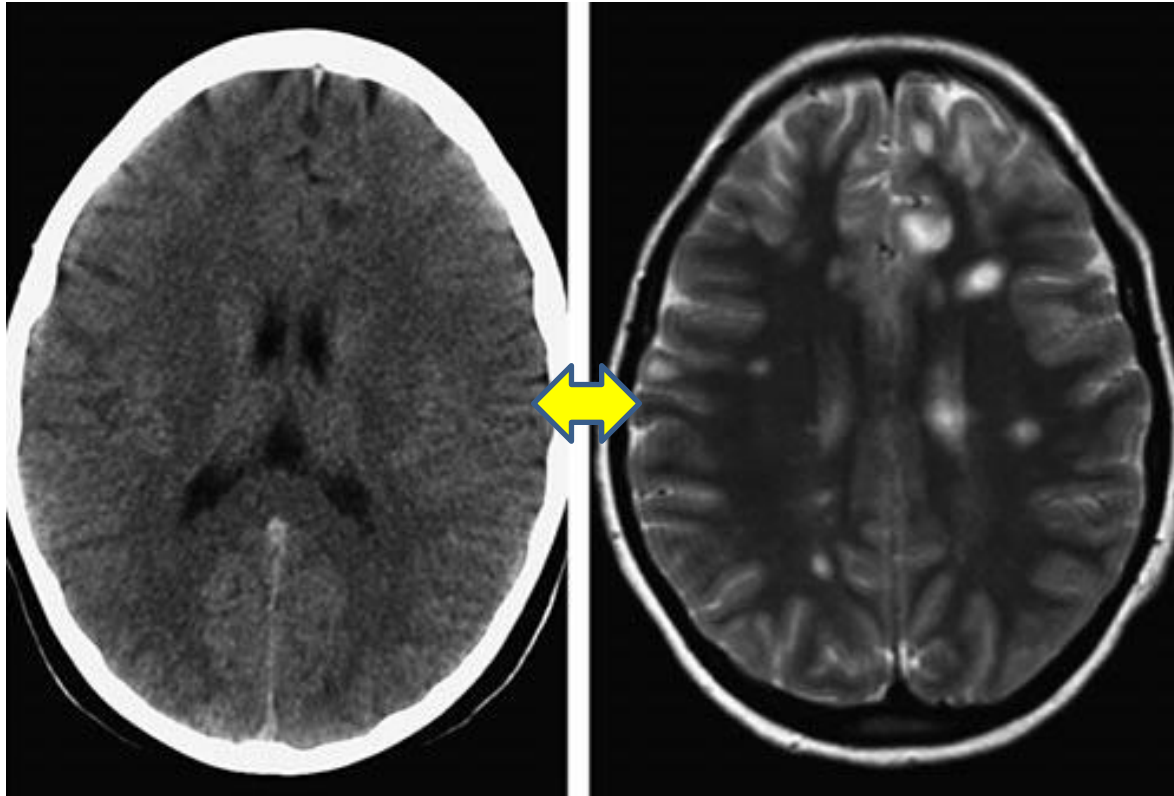
Diffusion weighted image in acute ischemic stroke



Positive already minutes after the onset of ischemic stroke

FLAIR is positive about 3 hours after the onset of ischemic stroke

MRI in multiple sclerosis (MS)



CT is not suitable in MS
Do not order CT
in suspicion of MS

Flow voiding



Normal flow-related signal loss

MRA - aneurysms



CONTRAINDICATIONS TO MRI

- Implanted devices and other metallic devices
 - Pacemakers and other implanted electronic devices
 - Aneurysm clips and other magnetizable materials
 - Cochlear implants
 - Some artificial heart valves
- Intraocular metallic foreign bodies
 - Screening CT of the orbits if history suggests possible metallic foreign body in the eye
- Unstable patients (most resuscitation equipment cannot be brought into the scanning room)
- Pregnancy (relative contraindication due to unknown effects on the fetus)
- Other – severe agitation, or claustrophobia (may require anesthesia assistance)

Digital subtraction angiography

CSF sampling

Characteristics of CSF

CSF	Lumbar puncture	Cisternal puncture
Colour	Clear, colourless	Clear, colourless
Number of cells	1-4/mm ³	1-2/mm ³
Protein content	0.2-0.5 g/L	0.1-0.2 g/L
Glucose level	2/3 of the serum glucose	2/3 of the serum glucose
Pressure	positive	negative

Meningitis - CSF

Bacterial meningitis

>1000 cells/mm³

mostly leukocytes

glucose: decreased

protein: increased

Viral meningitis

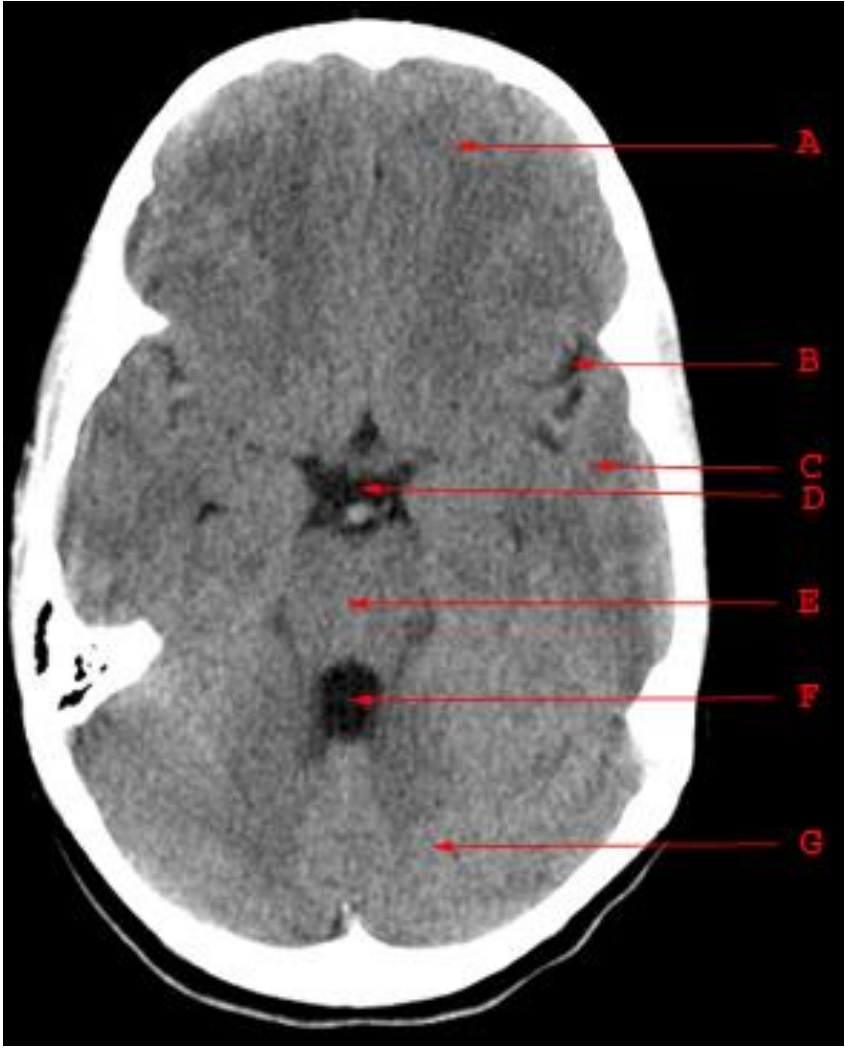
<1000 cells/mm³

mostly lymphocytes

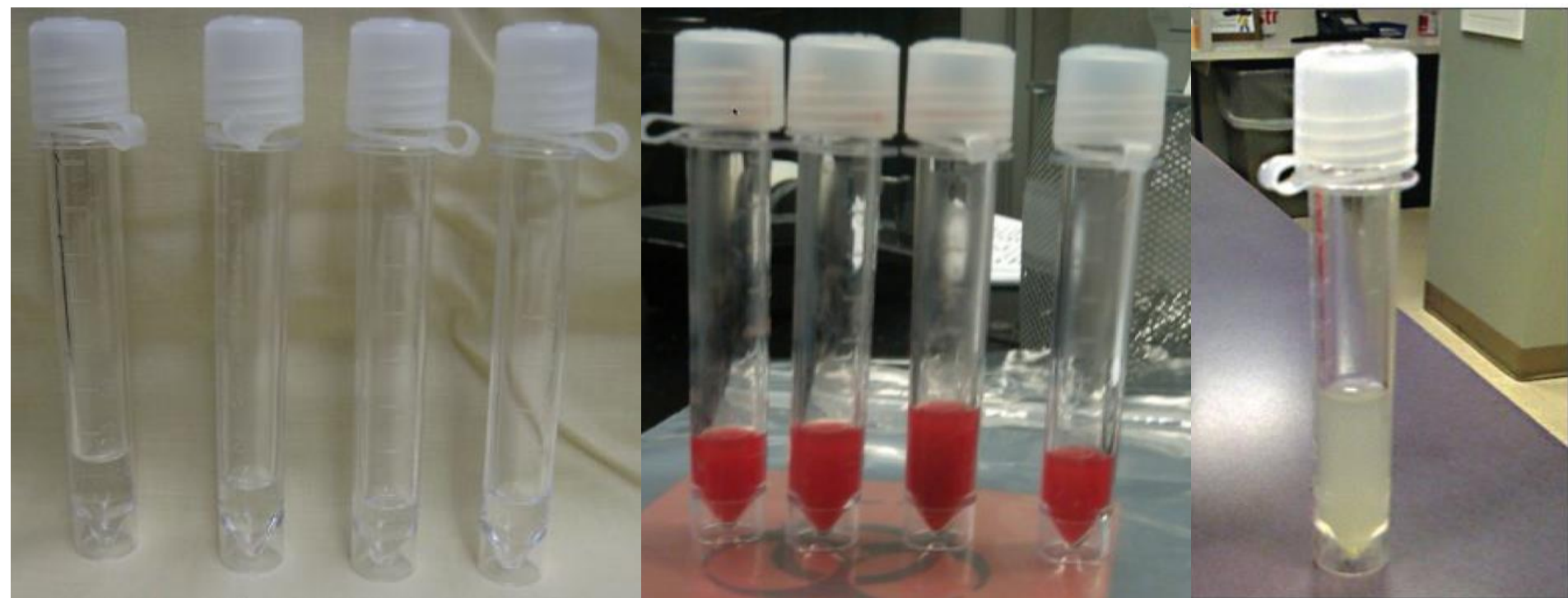
glucose: normal

protein: increased

The worst headache in my life...

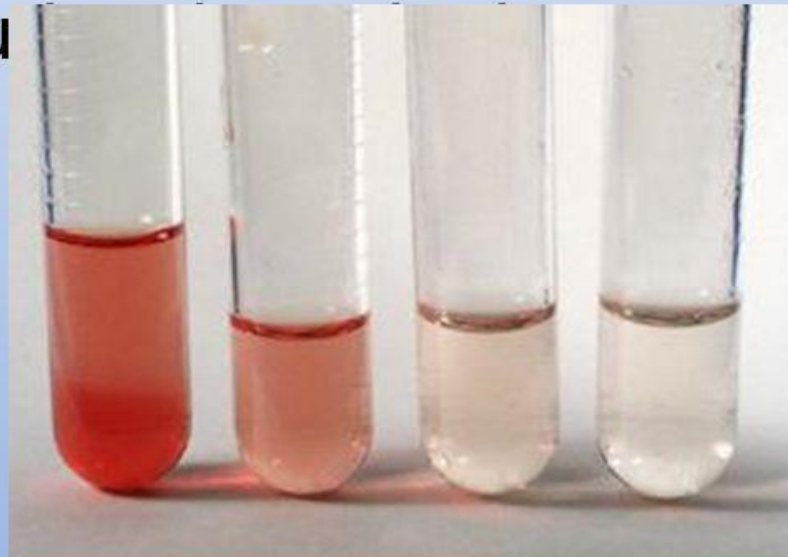


Subarachnoid hemorrhage, meningitis



- **Bloody**

Grossly bloody CSF can be an indication of subarachnoid hemorrhage, but it also may be due to the puncture of a blood vessel during the procedure.



Supernatant after centrifuge

Yellowish: supports SAH

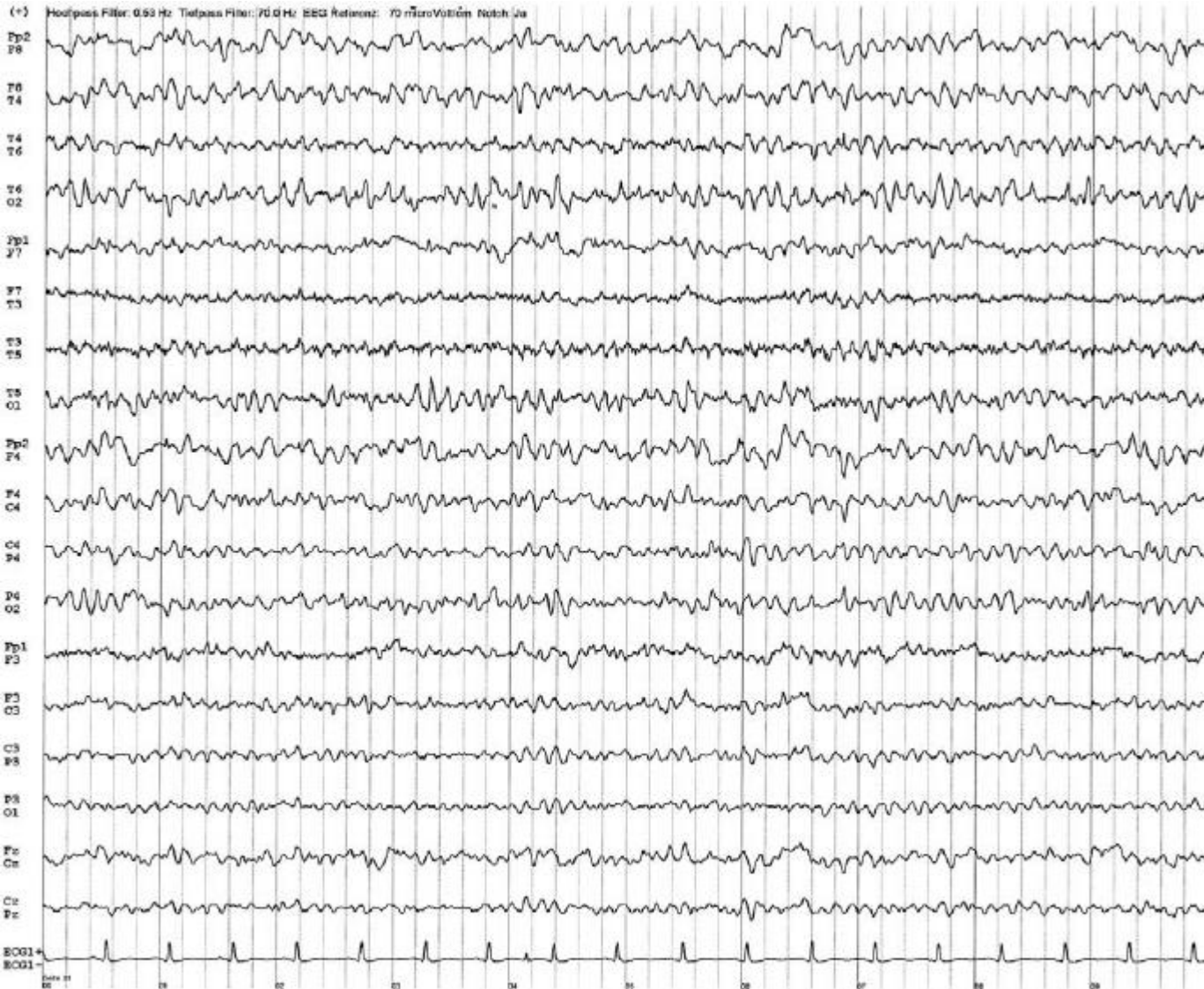
Clear: supports artefically bloody CSF



Electroneurography (ENG)

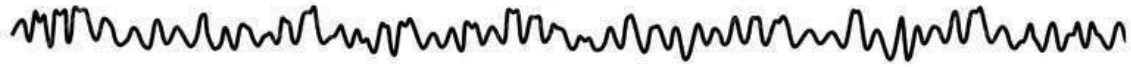
Electromyography (EMG)

Electroencephalography (EEG)



Normal Adult Brain Waves

Awake with
mental activity



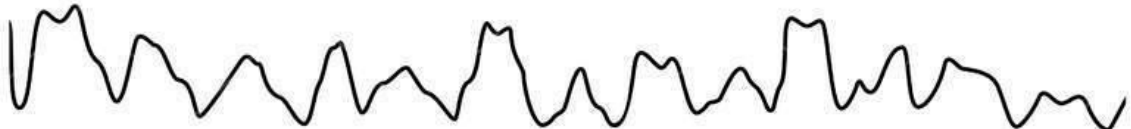
Beta
14-30 Hz

Awake and
resting



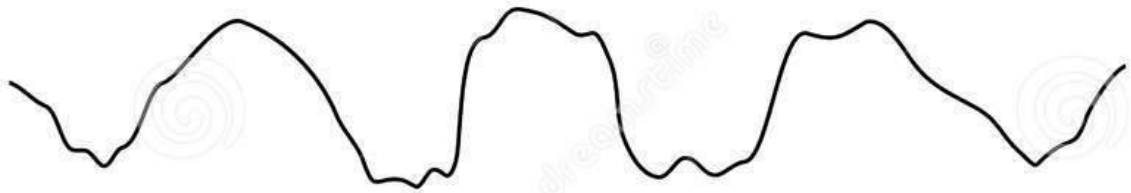
Alpha
8-13 Hz

Sleeping



Theta
4-7 Hz

Deep sleep

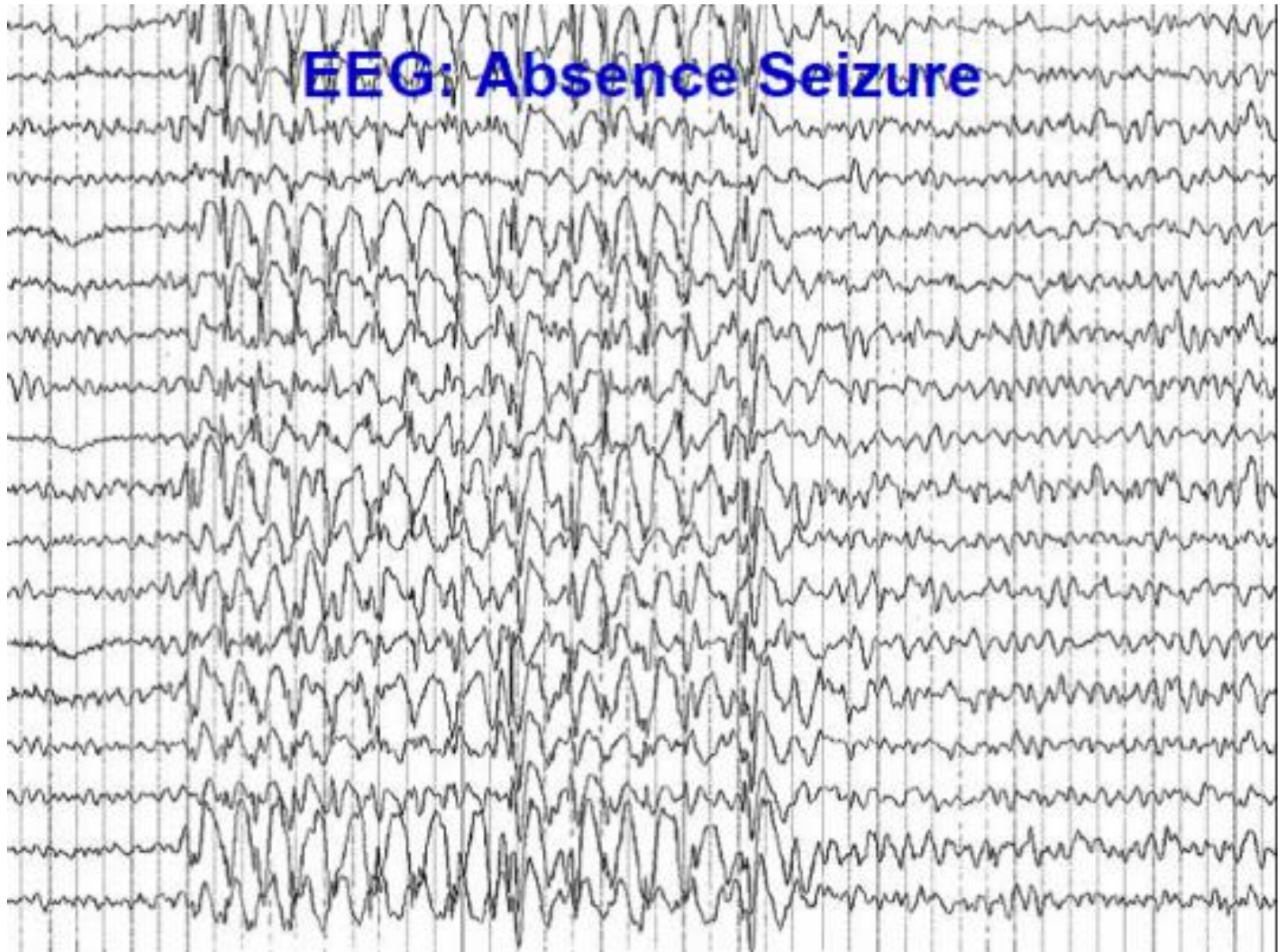


Delta
<3.5 Hz

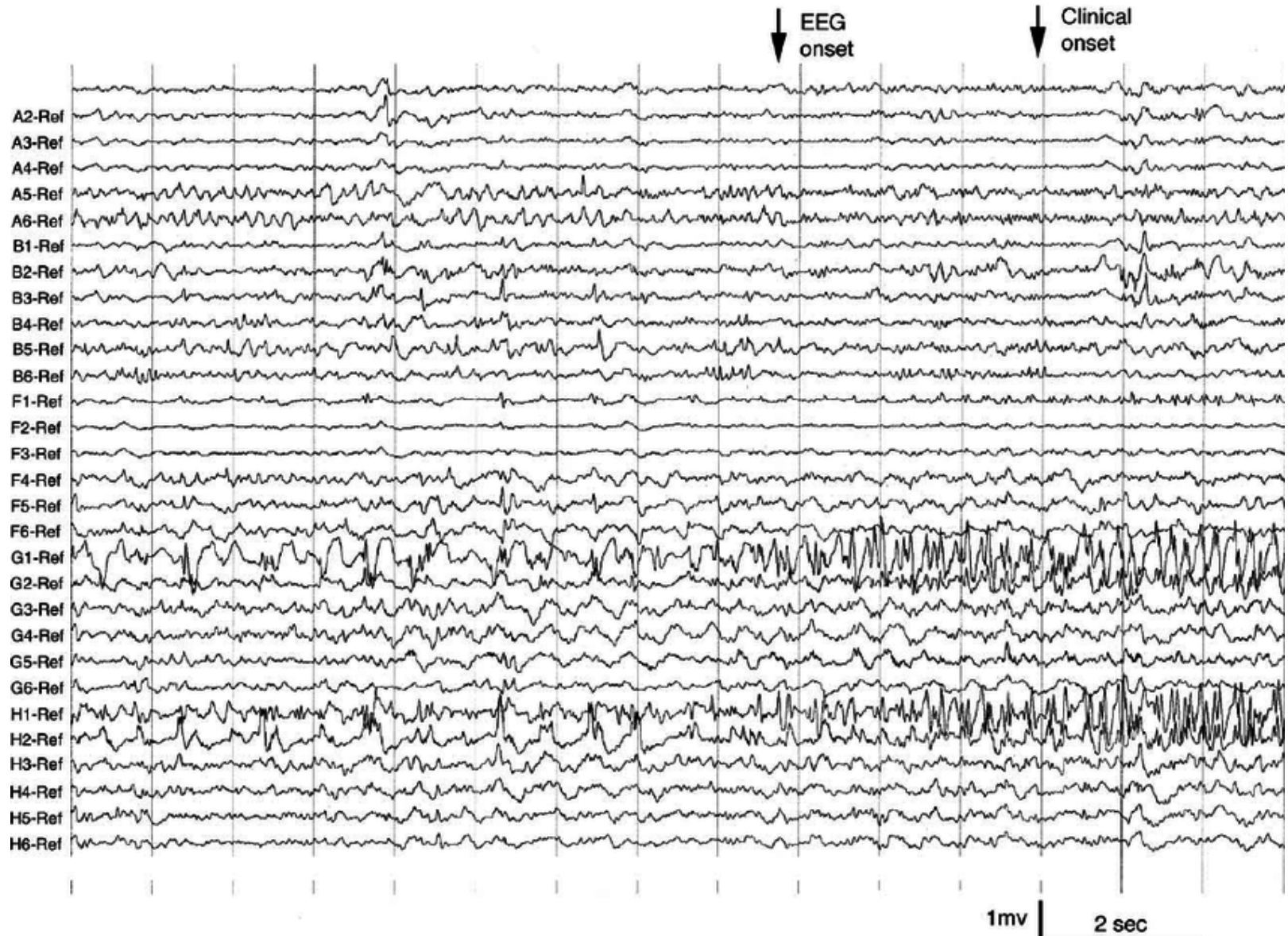


1 sec

EEG: Absence Seizure



Focal seizure



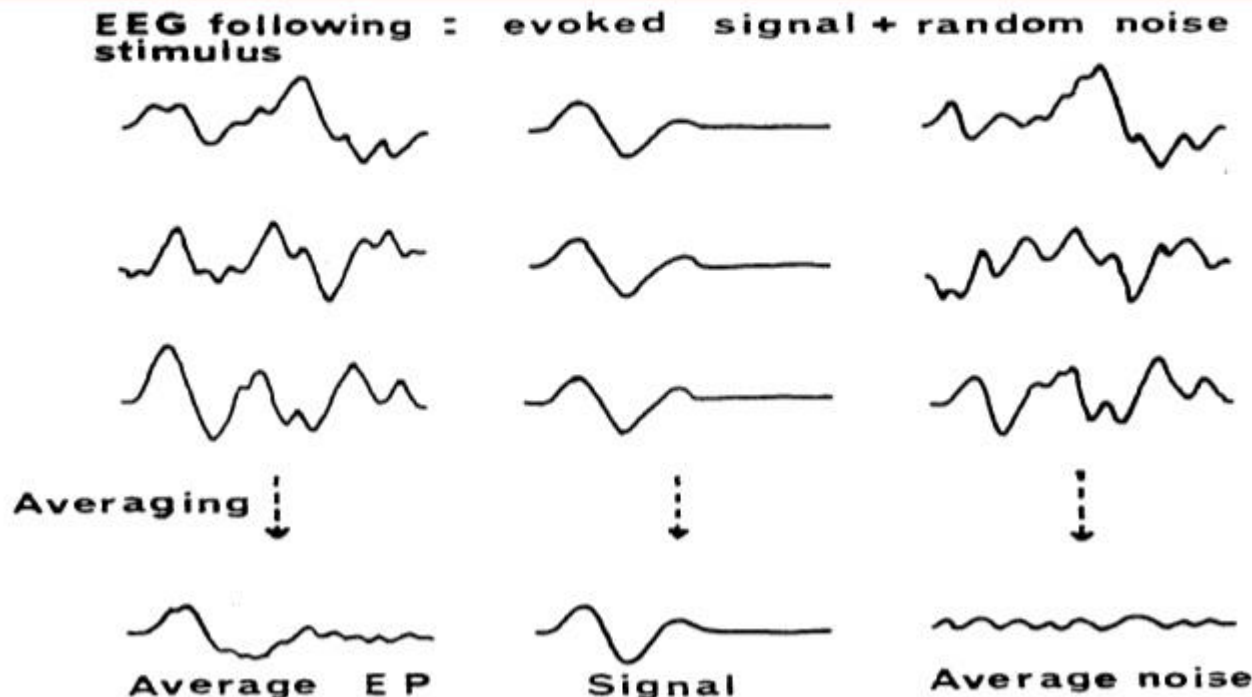
Evoked potentials (based on EEG)

Averaging of EEG waves, detected by a properly localised electrode, after a certain stimulus

Averaging

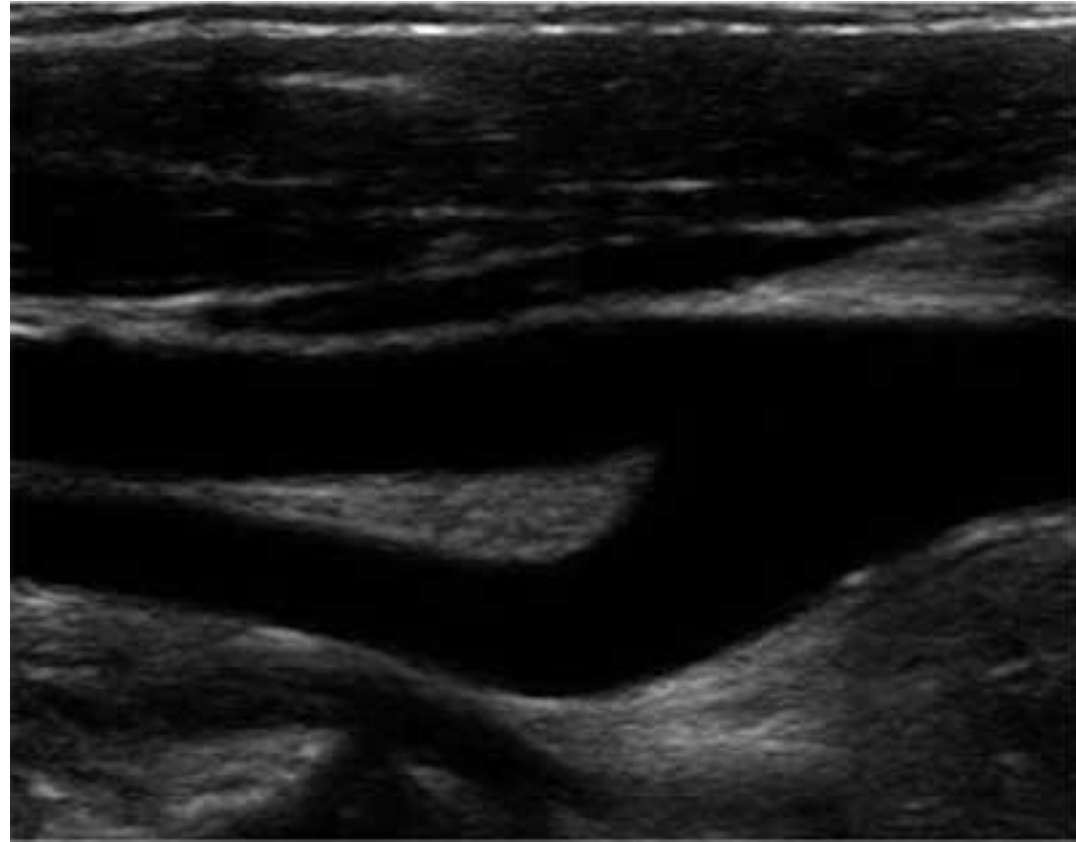


Evoked signal is augmented
Background noise is decreased



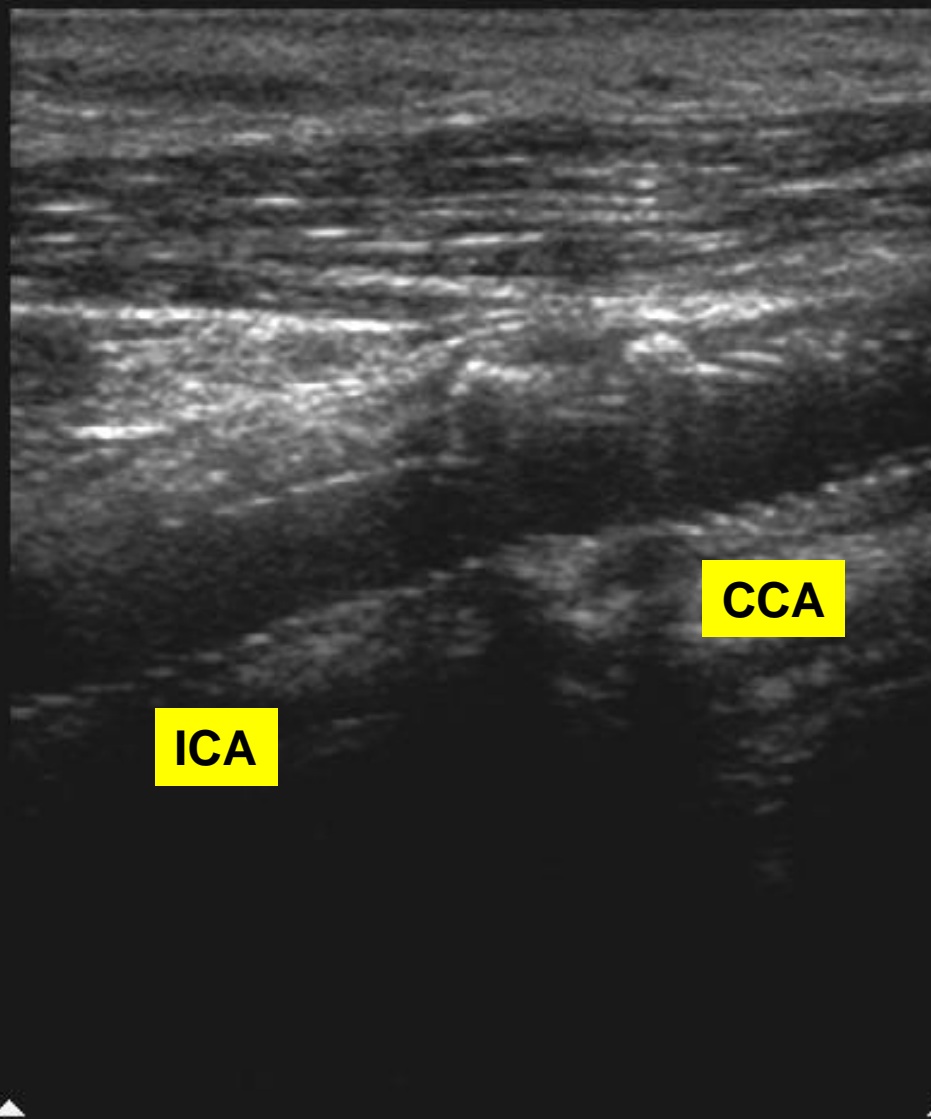
Ultrasound

B-mode US



Carotid B-mode US

2006-04-25 PHILIPS
11:46:23

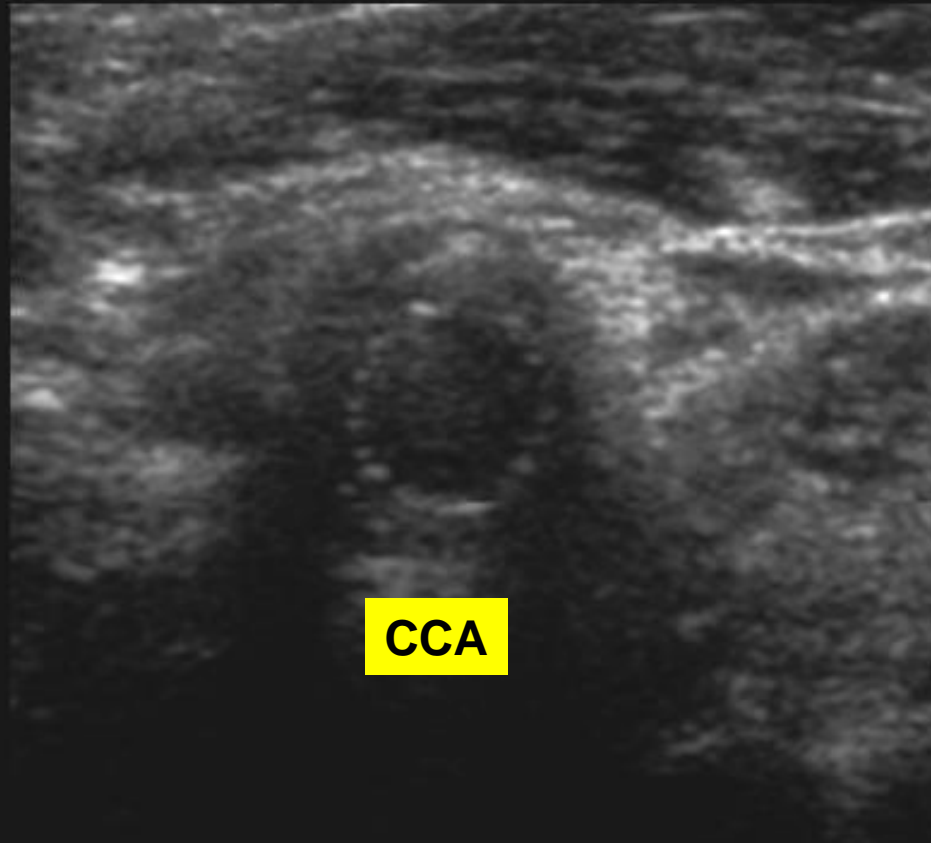


carotid1
L12-3
< MI 1.5
TIS 0.9

-H2 Gn 37
< 232dB/C4
H/3/4

11Hz 4cm

T
P R
5.0 10.0



CCA

carotid1
L12-3
< MI 1.5
TIS 0.9
H2 Gn 37
232dB/C4
< H/3/4

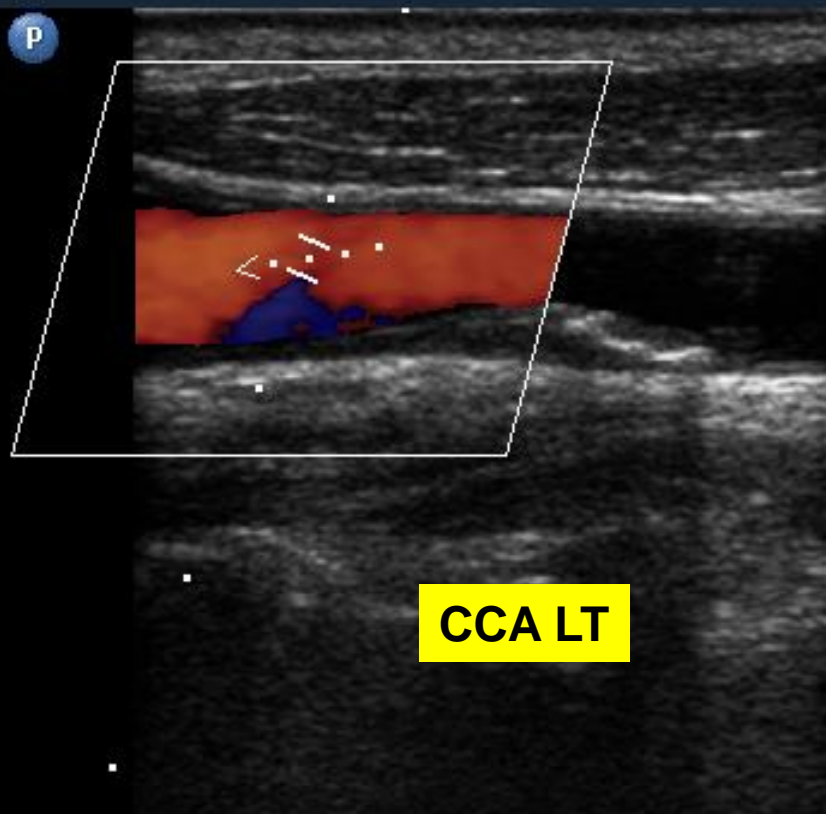
15Hz Zoom

T
P R
5.0 10.0

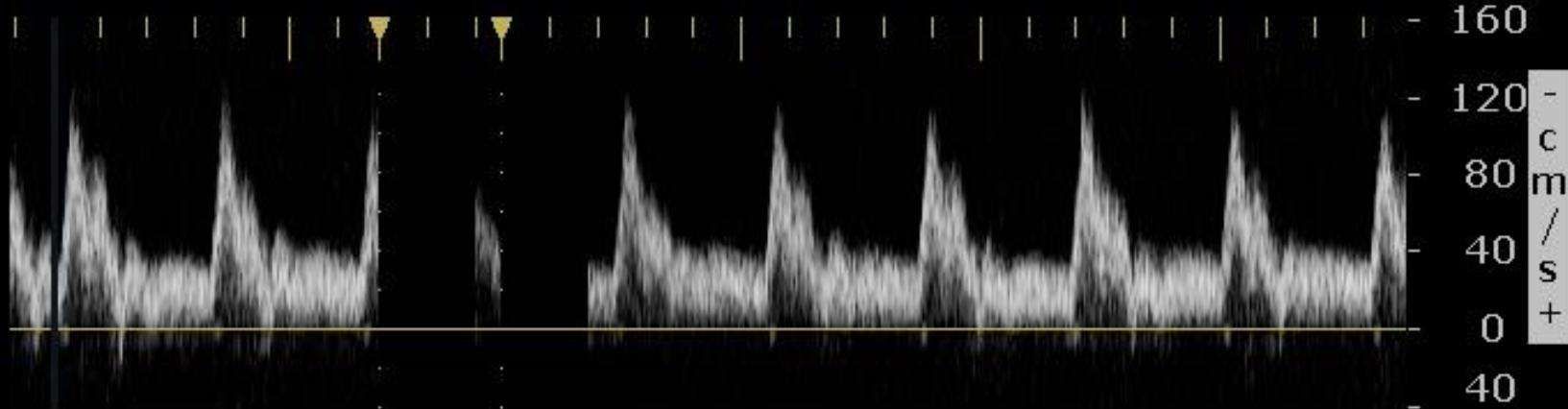
ROI LEFT C_a
L12-3
4cm
2D
H1
Gn 52
232dB/C4
F/3/2

Color
3,8 MHz
Gn 65
G/5/3
Filter 4

PW
3,8 MHz
Gn 66
1,3 cm
Angle 60

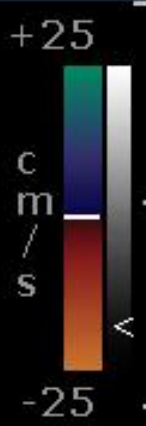
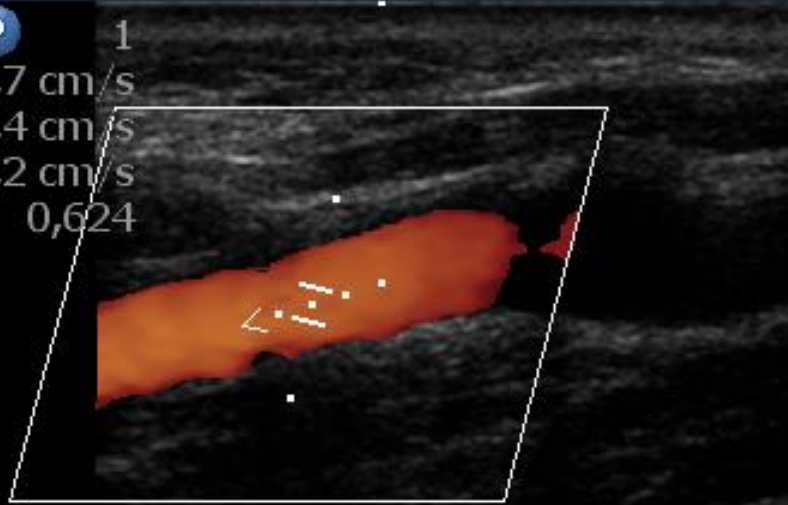


G
5,0 10,0



ROI LEFT C_a + Cycles
L12-3 S
4cm D
Mean Vel
PI

P 1
-93,7 cm/s
-50,4 cm/s
-69,2 cm/s
0,624



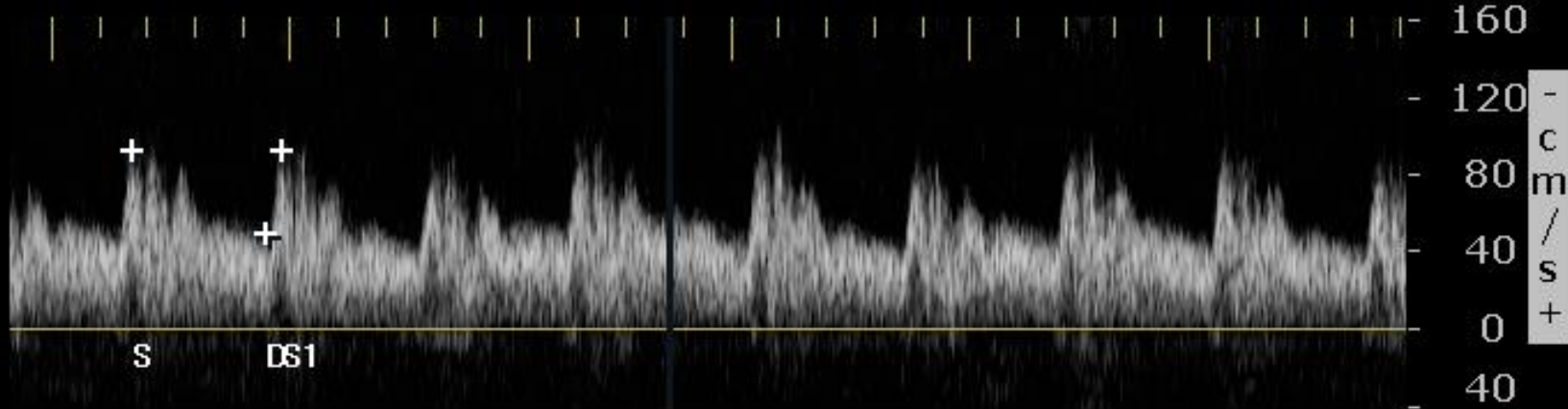
2D
H1
Gn 52
232dB/C4
F/3/2

Color
3,8 MHz
Gn 65
G/5/3
Filter 4

ICA LT

G
5,0 10,0

PW
3,8 MHz
Gn 66
1,5 cm
Angle 60



160
120
80
40
0
-40
- cm / s
+



09-10-08-075244

DEOEC-Neurología

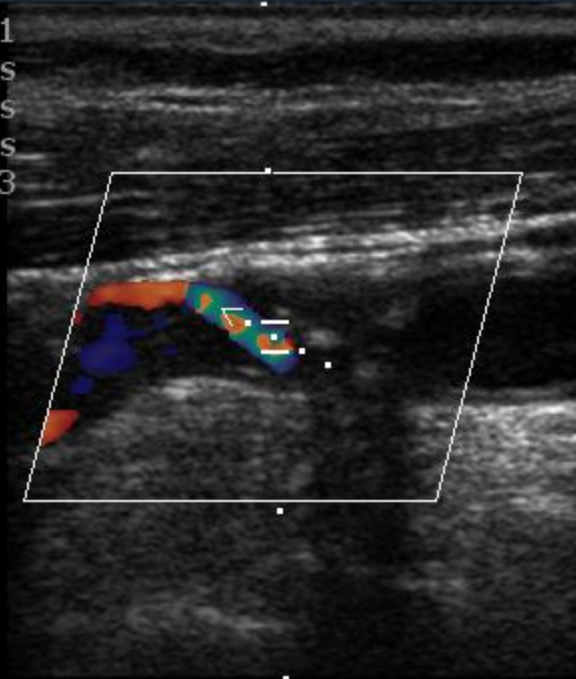
TIS 0,4 7:55:12

ROI LEFT Cα + Cycles **P** 1
L12-3 S 527 cm/s
D 199 cm/s
4cm Mean Vel 319 cm/s
PI 1,03

2D
H1
Gn 52
232dB/C4
F/3/2

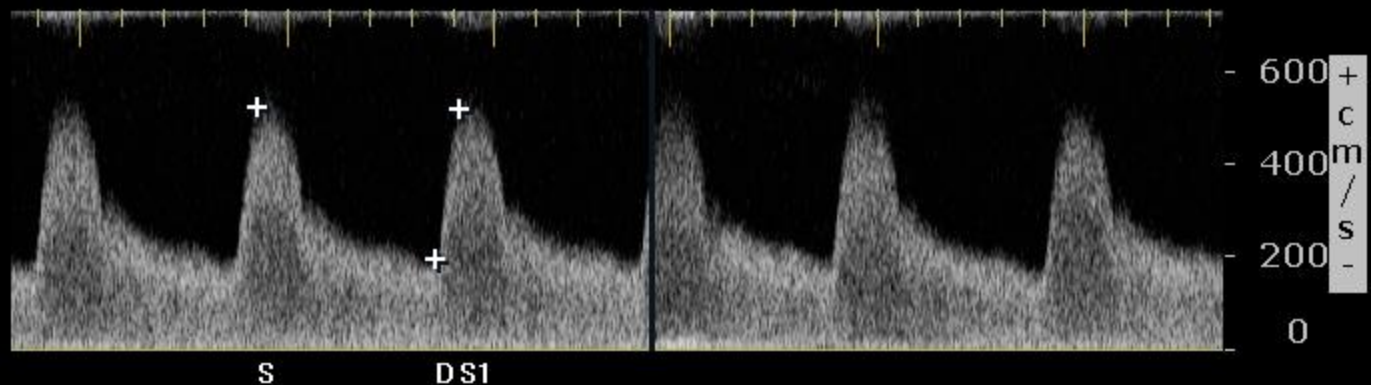
Color
3,8 MHz
Gn 65
G/5/3
Filter 4

G
5,0 10,0

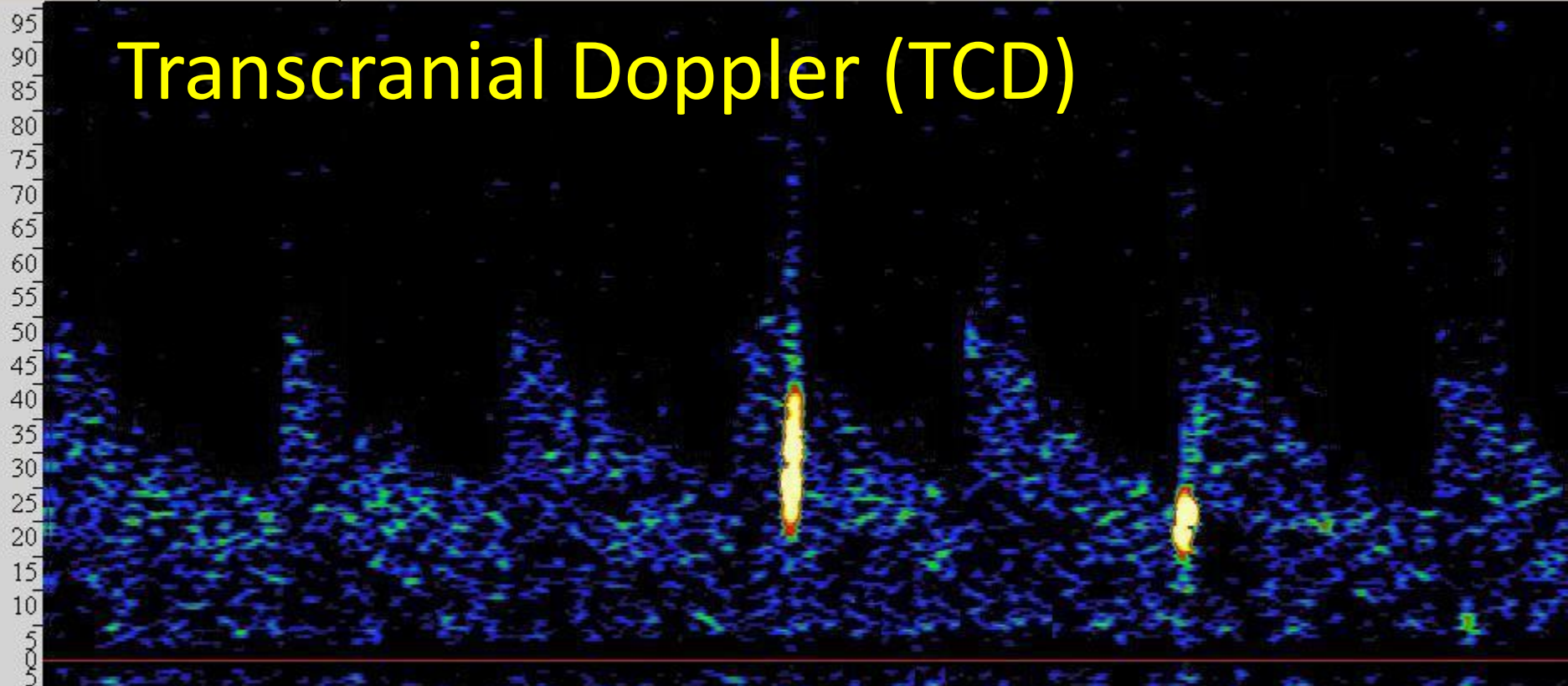
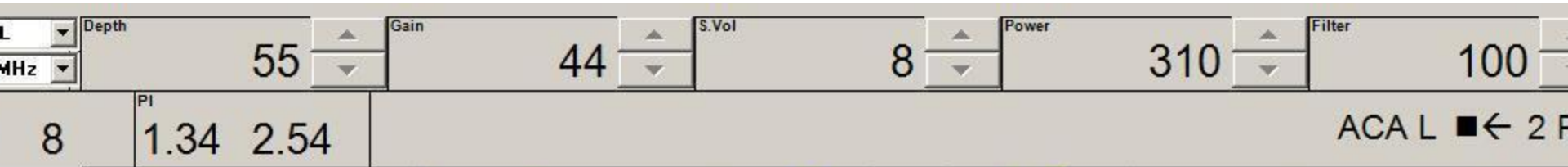


CCA

PW
3,8 MHz
Gn 66
2,0 cm
Angle 60



TCD



Transcranial Doppler (TCD)

Summary

- CT, MRI
- CTA, MRA, DSA
- CSF sampling, CSF analysis
- ENG, EMG, repetitive stimulation
- EEG
- Evoked potentials
- Duplex ultrasound and transcranial Doppler